

Megan Ann Ralfe

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EDUCATION

Clemson University | May 2023

B.S. French and International Health

3.86/4.0

L'Université Catholique de Lyon | Spring 2023

Study Abroad | Lyon, France

HONORS AND ACTIVITIES

President's List

Spring/Fall 2020, Spring/Fall 2021, Spring 2022

SC Life Scholarship

**USAC First Generation Study Abroad
Scholarship 2022**

**USAC Europe Regional Study Abroad
Scholarship 2022**

**Phi Delta Epsilon International Medical
Fraternity, S.C. Beta**
2020-2023

Clemson FCA
Student Ministry | 2020-2022

Clemson University Tiger Band
2019-2022

SKILLS AND COMPETENCES

French

Professional Working Proficiency | CEFR C1

Microsoft Office Suite

Proficient

SPSS

RELEVANT EXPERIENCE

Community Health Surveillance Intern

Clemson Engineers for Developing Communities
2022

Fall

- Collaborated with the Episcopal Diocese of Upper SC (EDUSC) and Zamni Lasante to evaluate the effectiveness of the community health worker model in the Central Plateau of Haiti
- Assessed the hypertension program in Cange, Haiti to improve community compliance
- Analyzed data in order to implement a systematic method of health monitoring
- Prepared periodic cycle presentations and critical reviews monitoring the project's progress to present before stakeholders

Undergraduate Research Assistant

Clemson University School of Nursing

Spring 2022

Advisor: Dr. Mary Ellen Wright, Ph.D., APRN, CPNP-PC

- Identified treatment options for pregnant or parenting women with substance use disorder, specifically analyzing perinatal exposure to Gabapentin and Kratom
- Assessed and evaluated the severity of withdrawal symptoms of Kratom during a live rat study

Phi Delta Epsilon International Medical Fraternity, S.C Beta

Philanthropy Chair

2022

- Organized fundraising events such as the Anatomy Fashion Show and Stand for the Kids Week, raising \$3600 and \$3000, respectively for Children's Miracle Network Hospital of Greenville, SC
- Expanded future fundraising opportunities by establishing new connections

Health and Wellness Chair

2021

- Organize wellness activities to promote mental health awareness and burnout prevention

WORK EXPERIENCE

Certified Nurse's Aide

Clemson Downs Skilled Nursing Facility, Clemson, SC

December 2021-Present

- Cared for 7-10 patients per shift through collection of vital signs, feeding, companionship, and hygiene maintenance; care was seen under the direction of nurses

Vibra Hospital of Charleston, Charleston, SC

May-August 2021

- Cared for 10-15 patients per shift in the general and special procedures care unit through hourly rounds, feeding, and pressure injury prevention: liaised with physicians and nurses to ensure quality of care; acquired 288 hours

PUBLICATIONS AND PRESENTATIONS

*Parkison, A., *Crowe, M., ***Ralfe, M.**, *Carr, M., *Lee, H., *Marsden, S., Richardson, E., Whitcomb, J., Parker, V., Wright, M. E. (2022, April). *Effects of Kratom/Gabapentin Prenatal Exposure on Rat Offspring*. Poster presentation at Clemson University 17th Annual Focus on Creative Inquiry Forum, Clemson, SC.

*Parkison, A., *Crowe, M., ***Ralfe, M.**, *Carr, M., *Lee, H., *Marsden, S., Richardson, E., Whitcomb, J., Parker, V., Wright, M. E. (2022, April). *Effects of Kratom/Gabapentin Prenatal Exposure on Rat Offspring*. International Association for Human Caring Virtual Conference.

LEADERSHIP AND SERVICE

Elementary Student Mentor

2022

Clemson University Reaching for Equitable and Cultural Heights (CU-REACH)

- Met with underrepresented and underprivileged elementary school students in the Clemson area to assist with weekly homework and reading

Welcome Week Leader

2022

Clemson, SC

- Led a group of incoming freshmen through various events and activities, welcoming them to Clemson's campus

Church Nursery Volunteer

2022

Christ the Redeemer Anglican Church, Clemson, SC

- Cared for infants and toddlers while parents attended church service